Hip pain

General advice

Hip pain in adults - NHS (www.nhs.uk)	
Hip problems - Muscle, bone and joint injuries NHS inform	

Greater Trochanteric Pain Syndrome

NHS Ayrshire & Arran - Greater Trochanteric Pain Syndrome (MSK)	
(nhsaaa.net)	

Hip OA

Hip pain Causes, exercises, treatments Versus Arthritis	
Versus Arthritis - Hip pain exercise information booklet	